

Taking The First Step...

The length of time for a cataract to develop can vary from a few months to several years. Vision loss from cataracts is gradual, which is why many patients have difficulty noticing the early symptoms. Most patients also do not know when they should have their cataracts removed.

The best time to have your cataract removed is when your quality of life has been diminished because of poor vision. If you are bothered by glare, halos around lights, or even double vision, cataracts could be the problem.

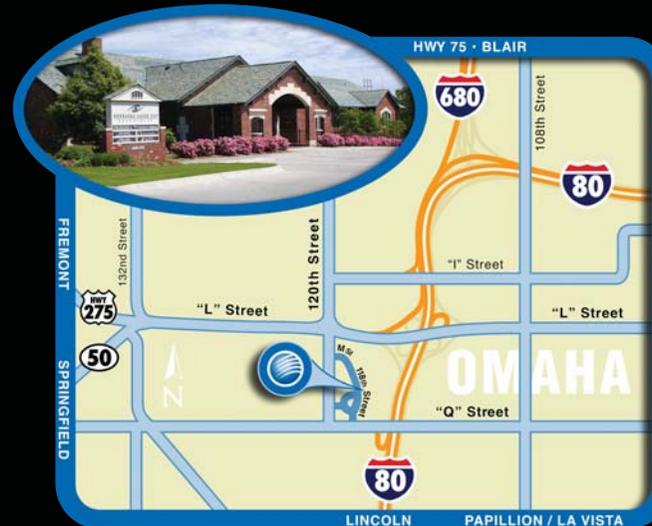
Due to the advances in modern medicine, there is no reason to suffer with cataracts anymore. If you suspect you have a cataract, please call our office and schedule a quick and easy screening with one of our doctors.

Join the millions who now enjoy the beauty of restored vision through the miracle of modern-day cataract surgery.



Experience You Can Trust

Dr. Mark Johnston has over 20 years experience as a cataract surgeon. He has published numerous scientific articles and presented results of his research at both national and international meetings. Details of his academic interests and resume may be found on his professional webpage at www.markjohnstonlasik.com.



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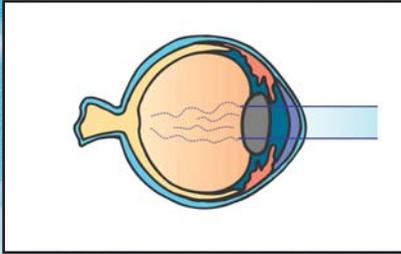
A New Horizon In CATARACT CARE



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How Cataracts Are Formed...

More than 50% of people over the age of 60, and a large percentage of those younger, have vision that is impaired by cataracts.



Cataracts are so common that everyone will eventually develop a cataract if they live long enough.

Despite recent breakthroughs in technology and surgical techniques, cataracts continue to be one of the leading causes of blindness among seniors worldwide. A cataract is a progressive clouding of the eye's natural lens that interferes with light passing through to the retina. Cataract patients often describe the condition as being similar to looking through a waterfall or piece of wax paper, with a gradual blurring or dimming of vision.

Currently, there is no medical treatment to reverse or prevent the development of cataracts. Once they form, there is only one way to achieve clear vision again, and that is to physically remove the cataract from the eye.

Advancing The Art Of Cataract Care

We've Come A Long Way...

Cataract surgery is one of the most common surgical procedures performed today. Each year, more than one million seniors have their cataracts successfully removed.

During the early years of cataract surgery, the procedure required lengthy hospital stays and was considered risky. Today, our doctors perform cataract surgery on an 'out-patient' basis and the procedure takes only a few minutes to perform. All patients return home following their procedure to rest in the comfort and convenience of their own home.

The Development Of The Intraocular Lens

Intraocular lenses are about the size of Lincoln's head on a penny and weigh about as much as a single kernel of corn. They are manufactured and polished to the precise curvature needed to properly focus light rays on the retina in the back of your eye.

Our intraocular lenses are manufactured to provide good vision for the rest of your life. Some lenses can be folded to allow them to be inserted through a smaller incision. Other lenses can be designed to help screen out harmful ultraviolet rays from the sun.



Opening A
New World of Vision
for SENIORS

How Cataract Surgery Is Performed

For most patients, removing a cataract is performed using a process called phacoemulsification, or small-incision cataract surgery.

After anesthesia has been administered, a small incision is made to remove the hard center or nucleus of the lens. The remaining cloudy, milky contents will also then be removed.

Once the entire content of the cataract has been removed, our surgeon will then implant an artificial lens that has been specially designed for your visual needs. Normally, the procedure takes only a few minutes to perform, with patients remaining awake and comfortable. Your vision should begin to improve almost immediately following your procedure.

In most cases, it is now possible to return to most daily activities such as driving and reading the day following your procedure.

According to the American Society of Cataract & Refractive Surgery, more than 98% of cataract patients had their vision successfully improved after surgery. Many patients experience vision that is actually better than before they developed cataracts.

